



Healthy Mind
Healthy LIFE

FOUNDATION COURSE ON
**INTRODUCTION TO
CLINICAL
PSYCHOLOGY**



Gujarat Institute of Psychological Sciences (GIPS) Psychiatric Clinic & De-addiction Center is a premier mental health institute that delivers the highest quality of comprehensive care through its range of psychiatric services in Ahmedabad, Gujarat since its inception in 2007. Along with patient care, GIPS has been actively training students from medical, nursing and psychology backgrounds. As part of its educational and training initiatives, GIPS is announcing a 6-month weekend certificate course in Clinical Psychology.

This course in Clinical Psychology aims to impart practical knowledge and help participants develop useful clinical skills by the means of a thorough theoretical exploration of mental disorders along with patient interviews, case histories, and term-end examinations to solidify key takeaways. The course is geared towards mental health professionals, practising psychologists, and psychology students who wish to expand their horizons and use this knowledge of Clinical Psychology to further their career advancements across the globe. With the clinical exposure and hands-on experience offered by this course, participants will be well-versed in areas such as History Taking & Assessment, Psychiatric Signs and Symptoms, Basics of Psychopharmacology, Child and Adult Mental Disorders including, but not limited to, mood, anxiety, psychotic, and obsessive-compulsive spectrum disorders. These will be covered by eminent Psychiatrist & Psychologists of GIPS.

Teaching Methodology:

The curriculum involves a variety of teaching methodologies to provide in-depth knowledge along with hands on clinical experience to participants, with supervision and immediate feedback from experienced and certified CBT specialists. It includes:

- Lectures
- Role Plays
- Paired activities
- Group discussions
- Immediate supervision

Course Assessment:

- Individual presentation
- Theory examination
- Clinical examination

Faculty:



Dr. Suhas Doshi M.D. (Psychiatry) is one of the Directors and Consultant Psychiatrists at GIPS Hospital (Gold Medalist). He has a keen interest in areas like anxiety disorders, depression and borderline personality disorder. He has been actively involved in teaching post-graduate & under-graduate students of Psychiatry & Psychology.



Dr. Maitreya Parikh (D.P.M., M.D. Psychiatry) is a Consultant Psychiatrist and Psychotherapist at GIPS Hospital, with over 25 years of experience. His areas of interest include psychotherapy, biological psychiatry, personality disorders and child and adolescent psychiatry. He has a keen interest in teaching and held several workshops on CBT and psychodynamic psychotherapy.



Dr. Punita Grover (MRCpsych, CCST, UK) is a Consultant Child Psychiatrist and CBT Specialist at GIPS Hospital. She has been trained in the U.K. and has been extensive experience with interpersonal psychotherapy, MET and CBT to treat both adults and children. She has a keen interest in areas like depression, phobias and anxiety disorders. She has been actively involved in teaching and training through various lectures and workshops.

Starts From
Mid June 2024

Duration
6 Months

Timings
Saturday (2.00pm to 3.30pm)
Sunday (Morning)

Last date of admission
June 2024

Eligibility

1. Students pursuing graduation (2nd & 3rd Year) in psychology
2. Post-graduate students of psychology
3. Any practicing psychologists
4. Students of other medical or paramedical branches

Ms. Vidhatri Rathi - 9328385290
(Only through Whatsapp)

Maximum
20
Students

Course Fee
Rs. 25000/-

Venue

HEALTHY MIND HOSPITAL
Nr. Metro Pillar No. 192,
Opp. Terrace Appartment,
From Commerce Six Roads towards Stadium,
Navrangpura, Ahmedabad - 9.
M : 7428 771122, 7428 771133